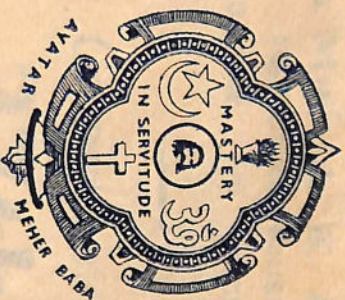




37th

ANNIVERSARY

OF

AVATAR

MEHER BABA'S

UNIQUE SILENCE

1-703902

JULY 10, 1962

Published by
MR. & MRS. A. K. ARJANI,
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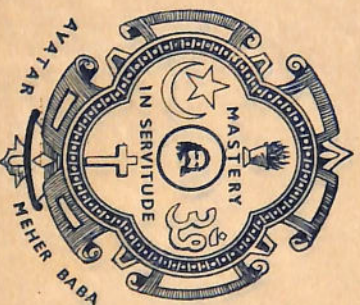
To Commemorate the
37th
ANNIVERSARY OF
AVATAR MEHER BABA'S
UNIQUE SILENCE
10th JULY, 1962.

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ST. JOSEPH'S TECHNICAL SCHOOL, CHITTAGONG.

JULY 1962	★	★	★	★	★	★	★	JULY 1962
●	★	★	★	★	★	★	★	●
37th SILENCE ANNIVERSARY	★	★	10	11	12	13	14	37th SILENCE ANNIVERSARY
15	16	17	18	19	20	21		
22	23	24	25	26	27	28		
29	30	31	★	★	★	★		

The moment I break My silence and utter that Original Word, the first and last miracle of Baba in this life will be performed. It will be such a miracle as I never have performed. When I perform that miracle, I won't raise the dead; but I will make those who live for the world dead to the world and live in God.



My Word of words will touch the hearts of all mankind and spontaneously this divine touch will instill in man the feeling of oneness of all fellow beings. This feeling will supersede the tendency of separateness and rule over the hearts of all, driving away hatred, jealousy and greed that breed suffering, and happiness will reign.

The Silent Master

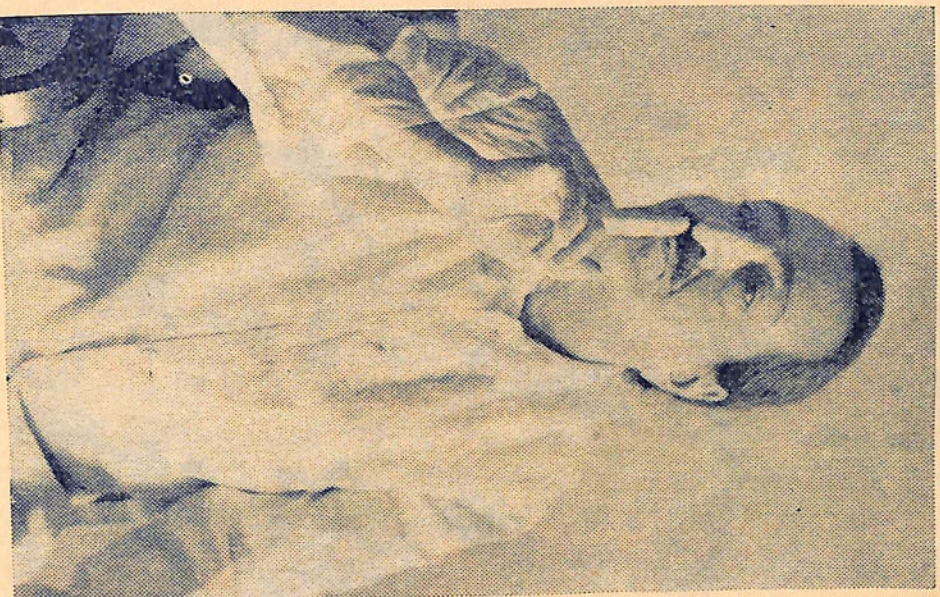
MEHER BABA

BABA ON : HIS SILENCE.

Things that are real are always given and received in Silence.

God has been everlastingly working in silence, unobserved, unheard, except by those who experience His Infinite Silence.

My outward silence is no spiritual exercise. It has been undertaken and maintained solely for the good of others.



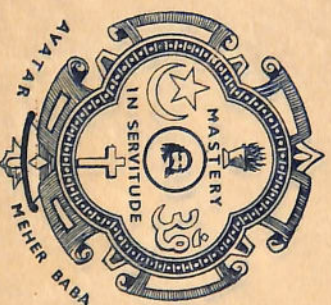
“The prayer God hears is the prayer of the Heart”



1962

10th JULY 1962		SUN	MON	TUE	WED	THU	FRI	SAT	10th JULY 1962	
		★	★	★	★	★	★	★		
		★	★	★	★	★	★	★		
37th		★	★	10	11	12	13	14	37th	
SILENCE ANNIVERSARY		15	16	17	18	19	20	21	SILENCE ANNIVERSARY	
		22	23	24	25	26	27	28		
		29	30	31	★	★	★	★		

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The Silent Master

MEHER BABA

BABA ON : LOVE GOD.

My message to all is
'Love God.'

Love means suffering and pain for oneself, and happiness for others. To the giver it is suffering without malice or hatred. To the receiver it is a blessing without obligation.

To love God as He ought to be loved we must live for God and die for God, knowing that the goal of all life is to love God and find Him as our own self.



"The Greatest law of God is Love, which holds the key to all problems"

If, instead of seeing faults in others, we look within ourselves, we are loving God.

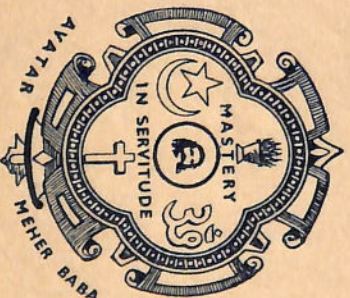
If, instead of robbing others to help ourselves, we rob ourselves to help others, we are loving God.

If we suffer in the sufferings of others and feel happy in the happiness of others, we are loving God.

AUGUST

1962

	SUN	MON	TUE	WED	THU	FRI	SAT	
10th JULY 1962	★	★	★	1	2	3	4	10th JULY 1962
37th	5	6	7	8	9	10	11	37th
S I L E N C E A N N I V E R S A R Y								
	12	13	14	15	16	17	18	
	19	20	21	22	23	24	25	
	26	27	28	29	30	31	★	



If, instead of worrying over our own misfortunes, we think of ourselves as more fortunate than many, many others, we are loving God. If we endure our lot with patience and contentment, accepting it as His will, we are loving God. If we understand that the greatest act of devotion towards God is not to harm any of His beings, we are loving God.

Therefore, let us become the soldiers of God. Let us struggle for the truth. Let us live not for ourselves, but for others. Let us speak truly, think truly and act truly. Let us be honest as God is infinite honesty. Let us return love for hatred and win others over to God.

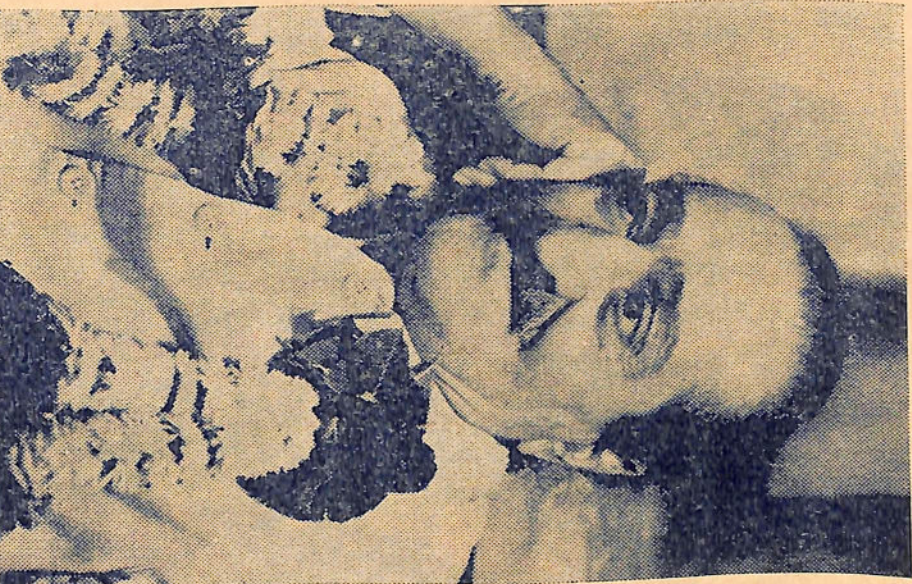
The Silent Master

MEHER BABA

BABA ON :

GOD AND RELIGION.

The organised religions of the world often fail to express the real Vision of those who have been the Fountain-head of Inspiration for their very coming into existence. *Dogmas and beliefs, rituals and ceremonies, can never be the essence of the true spiritual life.* They are generally not only superficial and



ineffective, but positively harmful and misleading. When religion has become merely a matter of external rituals and ceremonies, it has become a cage for the soul. Nor does it help very far to change one religion to another; *it is like going from one cage to another.* If religion does not help man to emancipate the soul from spiritual bondage and realize God, it has no useful purpose to serve.

"I am not come to establish any cult, society or organization ; nor even to establish a new religion."

SEPTEMBER

1962

10th JULY 1962	SUN	MON	TUE	WED	THU	FRI	SAT	10th JULY 1962
•	☆	☆	☆	☆	☆	☆	1	•
37th	2	3	4	5	6	7	8	37th
S I L E N C E	9	10	11	12	13	14	15	S I L E N C E
A N N I V E R S A R Y	16	17	18	19	20	21	22	A N N I V E R S A R Y
	23 30	24	25	26	27	28	29	



I am, therefore, not interested in founding a new religion. The world is already divided by numberless sects, based upon dogmas and beliefs. *I have not come to give another cage for man, but to impart to the world the illimitable Truth.* The world needs awakening and not mere verbal instruction; it needs the freedom and the amplitude of Divine Life, and not the superficiality of

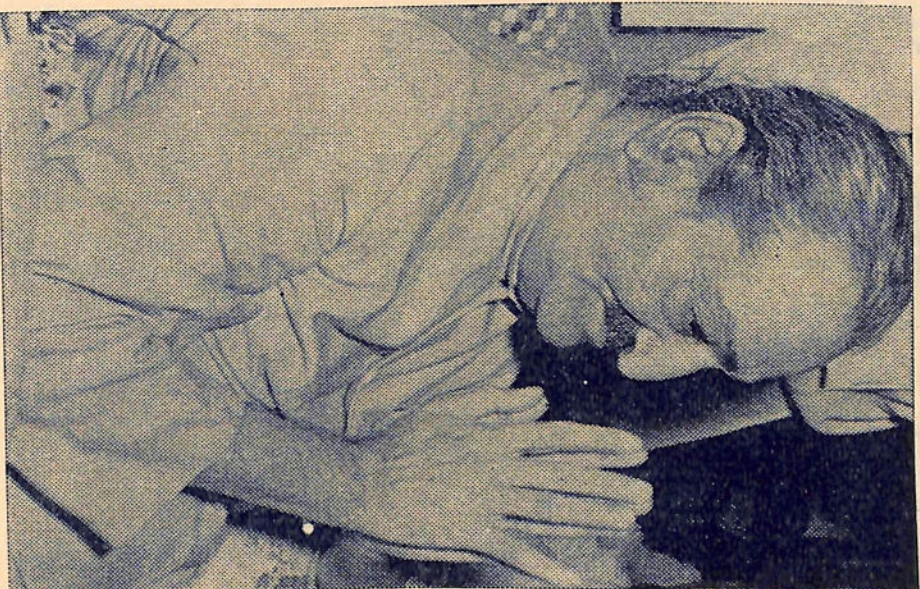
mechanised and pompous forms; it needs Love, and not the display of power. The world-task ahead of me is particularly creative. Essentially, we are all one. I am greater than none of you in the soul - sense and, really speaking, none of you have to receive divinity from me—but what I have to give is the knowledge and the experience of the oneness of us all.

The Silent Master

MEHER BABA

BABA ON : THE DIVINE
HERITAGE OF MAN.

In all climes and in all places, man is constantly striving for happiness; but there are very few who have it, because there are very few who truly know the secret of happiness. Man is constantly feeling thwarted and limited; and he is ever in the clutches of unrelieved agony or



suffering, because, not knowing his own true nature, he identifies himself with the body or the desires or the limited individual mind, and thereby becomes a victim to their respective limitations and sufferings. It is only by knowing himself to be different from and beyond all these that he can fully enter into the Divine Heritage of the Abiding Happiness.

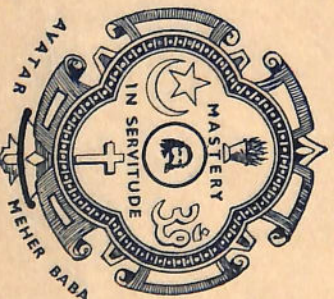
OCTOBER

“I have come not to teach but to awaken”

1962

10th JULY 1962		SUN	MON	TUE	WED	THU	FRI	SAT	10th JULY 1962	
●		★	1	2	3	4	5	6	●	
37th		7	8	9	10	11	12	13	37th	
SILENCE ANNIVERSARY		14	15	16	17	18	19	20	SILENCE ANNIVERSARY	
		21	22	23	24	25	26	27		
		28	29	30	31	★	★	★		

The man, who through *sanskritic* attachments identifies himself with his body or desires or the individual mind, is caught up within the prison of his ignorance. All his efforts to break through his shackles only lead to his being in their firmer grip. It is like a person, who is stuck up in deep mud, and who, because of his very efforts to extricate himself, finds that he is more deeply stuck up in it.



The individual and unaided efforts of the aspirant are so often unsuccessful, because the very source of such efforts which is the ego, is rooted in ignorance. This is exactly the reason why a Master is absolutely necessary for spiritual emancipation. The Master acts from the Truth, with which he is one, and not from any limited egoconsciousness.

The Silent Master

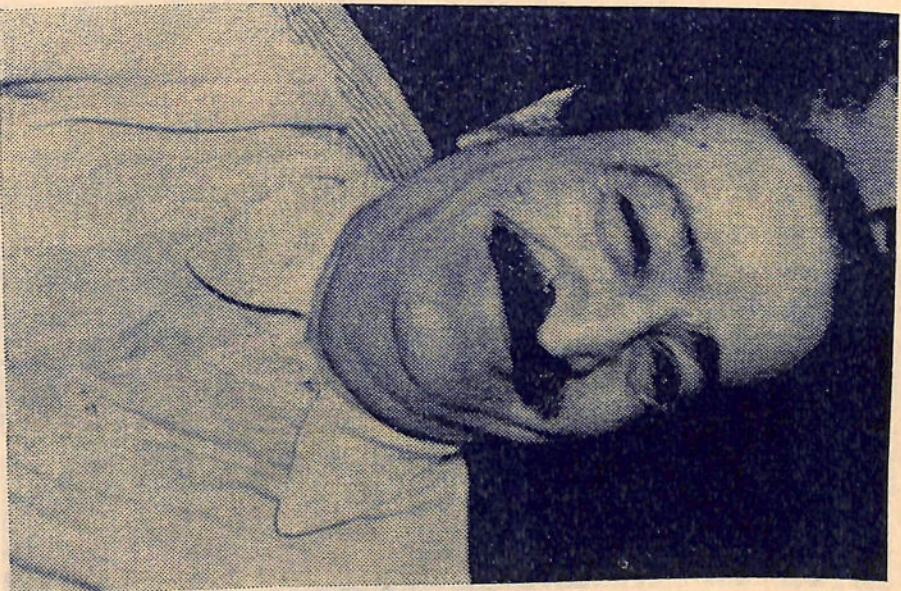
MEHER BABA

BABA ON :
THE SEVEN REALITIES.

Existence, Love, Sacrifice,
Renunciation, Knowledge,
Control and Surrender.

The Era of Spiritual Awakening that Meher Baba has in view, gives no importance to creed, dogma, caste systems, and the performance of religious ceremonies and rites, but to the UNDERSTANDING of the following seven Realities :—

1. The only *Real Existence* is that of the One and only God, who is the Self in every (finite) self.



“Forgetfulness of forgetfulness is perfection.”

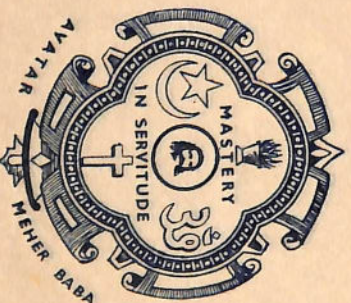


NOVEMBER

1962

	SUN	MON	TUE	WED	THU	FRI	SAT	
10th JULY 1962	☆	☆	☆	☆	1	2	3	10th JULY 1962
37th	4	5	6	7	8	9	10	37th
● SILENCE ANNIVERSARY	11	12	13	14	15	16	17	● SILENCE ANNIVERSARY
	18	19	20	21	22	23	24	
	25	26	27	28	29	30	☆	

5. The only *Real Knowledge* is the Knowledge that God is the inner dweller in good people and so-called bad, in saint and so-called sinner. This Knowledge requires you to help all equally as circumstances demand, without expectation of reward, and when compelled to take part in a dispute, to act without the slightest trace of enmity, or hatred; to try to make others happy with brotherly or sisterly feeling for each one.



6. The only *Real Control* is the discipline of the senses from indulgence in low desires, which alone ensures absolute purity of character.

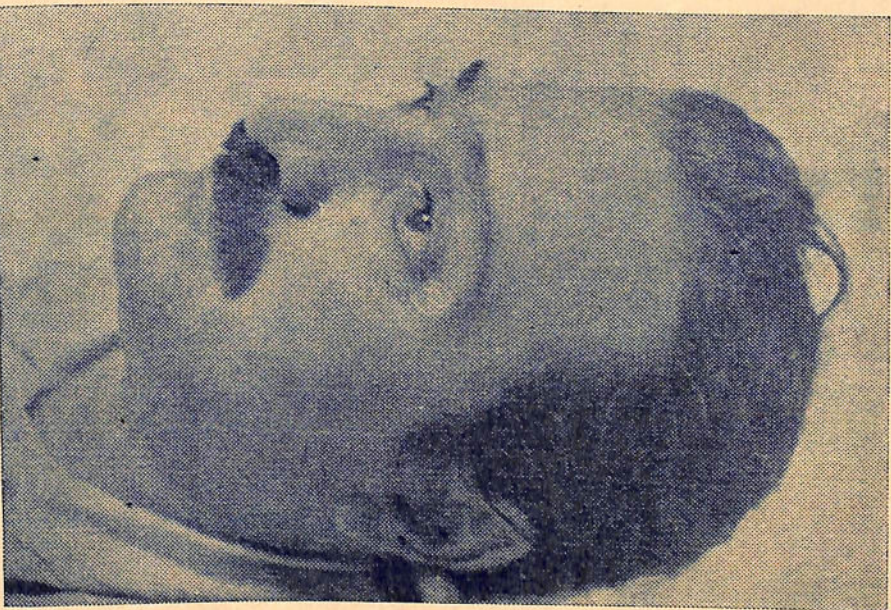
7. The only *Real Surrender* is that in which the poise is undisturbed by any adverse circumstance and the individual, amidst every kind of hardship, is resigned with perfect calm to the will of God.

The Silent Master

MEHER BABA

GEMS FROM THE
TEACHINGS OF
MEHER BABA.

Don't run away from the world; run away from your own lower self. Don't renounce the world; renounce your own lower self. Don't seek solitude anywhere but within your own self. Silently cry out within your own self, "Beloved one, reveal yourself to me as my own real infinite self."



If you have rock-like faith in God and flame-like love for Him, nothing in this world will affect you. Misery will not trouble you. Flattery will not touch you. Happiness will not humour you. Such faith and love will cause you to rise above the imaginary phenomenon and make you understand that God alone is real.



1962

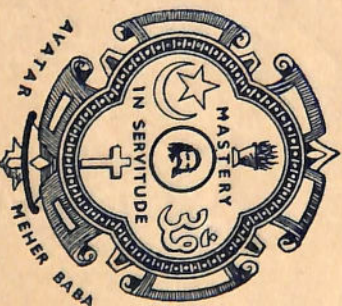
"God is not to be preached but is to be lived."

the object of meditation is God

DECEMBER

10th JULY 1962	SUN	MON	TUE	WED	THU	FRI	SAT	10th JULY 1962
★		★	★	★	★	★	1	37th JULY 1962
2	3	4	5	6	7	8		
9	10	11	12	13	14	15		
16	17	18	19	20	21	22		
23 30	24 31	25	26	27	28	29		

Do not get disheartened and alarmed when adversity, calamity and misfortune pour in upon you. Thank God, for He has thereby given you the opportunity of acquiring forbearance and fortitude. Those who have acquired the power of bearing with adversities can easily enter the spiritual path.



Trust God completely and He will solve all difficulties. Faithfully leave everything to Him and He will see to everything. Love God sincerely and He will reveal Himself. And as you love, your heart must love so that even your mind is not aware of it. As you love God wholeheartedly and honestly, sacrificing everything at the altar of this supreme love, you will realize the Beloved within you.

The Silent Master

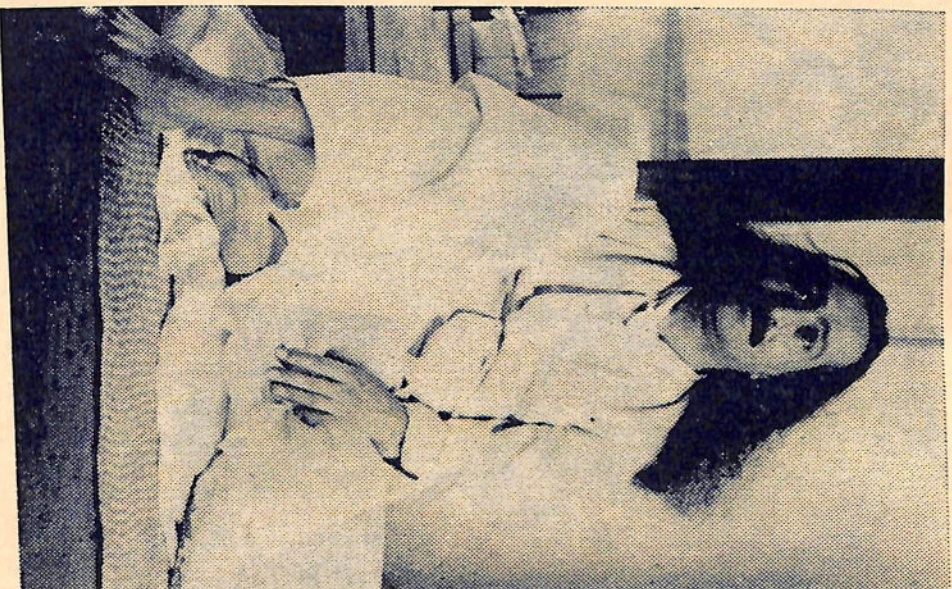
MEHER BABA

REPENTANCE & PRAYER

FOR FORGIVENESS

OM PARABRAHMA-PARAMATMA,
YA-YAZDAN, YA-ALLAH, O GOD,
FATHER IN HEAVEN.

We repent, O God most merciful, for all our sins, for every thought that was false or unjust or unclean, for every word spoken that ought not to have been spoken, and for every deed done that ought not to have been done.



We repent for every deed and word and thought inspired by selfishness, and for every deed and word and thought inspired by hatred.

We repent most specially for every lustful thought, and every lustful action; for every lie; for all hypocrisy; for every promise given but not fulfilled, and for all slander and back-biting.

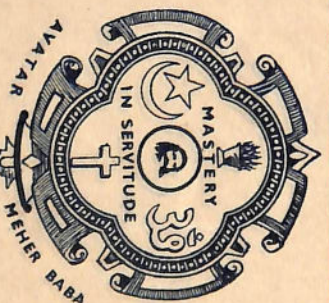
JANUARY

“When the internal eye is opened, God who is the object of search and longing is sighted.”

1963

10th JULY 1962	SUN	MON	TUE	WED	THU	FRI	SAT	10th JULY 1962
★		★	1	2	3	4	5	★
37th SILENCE ANNIVERSARY	6	7	8	9	10	11	12	37th
	13	14	15	16	17	18	19	
	20	21	22	23	24	25	26	
	27	28	29	30	31	★	★	

Most specially also, we repent for every action that has brought ruin to others, for every word and deed that has given others pain, and for every wish that pain should befall others.



In Thy unbounded mercy, we ask Thee to forgive us, O God, for all these sins committed by us, and to forgive us for our constant failures to think and speak and act according to Thy Will.

The Silent Master

MEHER BABA

BABA ON : MAN-O-NASH

or

ANNIHILATION OF THE MIND.

God is everywhere and does everything.

God is within us and knows everything.

God is without us and sees everything.

God is beyond us and IS everything.

To try to understand with the mind that which the mind can never understand, is futile; and to try to express by sounds of language and in form of words the transcendental



state of the soul, is even more futile. All that can be said, and has been said, and will be said, by those who live and experience that state, is that when the false self is lost, the Real Self is found; that the birth of the Real can only follow the death of the false; and that dying to ourselves... the true death which ends all dying...is the only way to perpetual life. This means that when the mind with its satellites...desires, cravings, longings...is completely consumed by the fire of Divine Love, then the infinite, indestructible, indivisible, eternal Self is manifested.

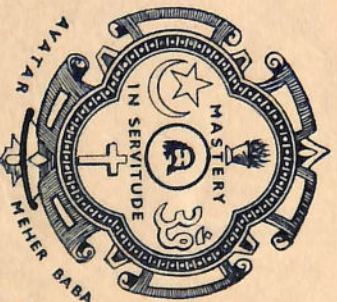
“Nothing is real but God. Nothing matters but love for God.”

FEBRUARY

1963

10th JULY 1962		SUN	MON	TUE	WED	THU	FRI	SAT	10th JULY 1962	
●		☆	☆	☆	☆	☆	1	2	●	
37th		3	4	5	6	7	8	9	37th	
SILENCE ANNIVERSARY		10	11	12	13	14	15	16	SILENCE ANNIVERSARY	
		17	18	19	20	21	22	23		
		24	25	26	27	28	☆	☆		

This is Man-o-nosh, the annihilation of the false, limited, miserable, ignorant, destructible 'I', to be replaced by the real 'I'; the eternal possessor of Infinite Knowledge, Love, Power, Peace, Bliss and Glory, in its unchangeable existence. Man-o-nash is bound to result in this glorious state in which plurality goes and Unity comes, ignorance goes and



Knowledge comes, binding goes and Freedom comes. We are all permanently lodged in this shoreless Ocean of Infinite Knowledge, and yet are infinitely ignorant of it until the mind...which is the source of this ignorance...vanishes for ever; for ignorance ceases to exist when the mind ceases to exist.

The Silent Master

MEHER BABA

BABA ON :

COMPLETE SURRENDER.

Seek Me not to extricate yourself from predicaments, but find Me in order to surrender yourself wholeheartedly to My will. Do not cling to Me for worldly happiness and short-lived comforts, but adhere to Me through thick and thin, sacrificing your own happiness and comforts at My feet. Let My happiness be your cheer and My comforts your rest.



Do not ask Me to bless you with a good job. Wish only to serve Me more diligently and honestly, without expectation of reward.

Never beg Me to save your life or the lives of your dear ones. Only beg Me to accept you and permit you to lay down your life for Me.



MARCH

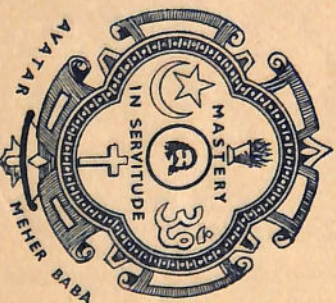
“When the mind sees the self there is illumination.”

1963

10th JULY 1962									10th JULY 1962	
		SUN	MON	TUE	WED	THU	FRI	SAT		
●		★	☆	☆	☆	☆	1	2	●	
37th SILENCE ANNIVERSARY		3	4	5	6	7	8	9	37th SILENCE ANNIVERSARY	
		10	11	12	13	14	15	16		
		17	18	19	20	21	22	23		
		24 31	25	26	27	28	29	30		

Never expect Me to cure you of your bodily afflictions. Beseech Me rather to cure you of your ignorance.

I am the One so many seek and so few find. No amount of intellect can fathom Me. No amount of austerity can attain Me. Only when one loves Me and loses One's self in Me, am I found.



The more you try to understand God, the less you understand Him. How can He, who his beyond all explaining, be described ? His being infinitely easy to know has rendered Him infinitely difficult. The secret is that you have to become what you already are.

The Silent Master

MEHER BABA

BABA ON :

- (a) EXISTENCE AND LIFE.
- (b) LOVE AND DEVOTION.

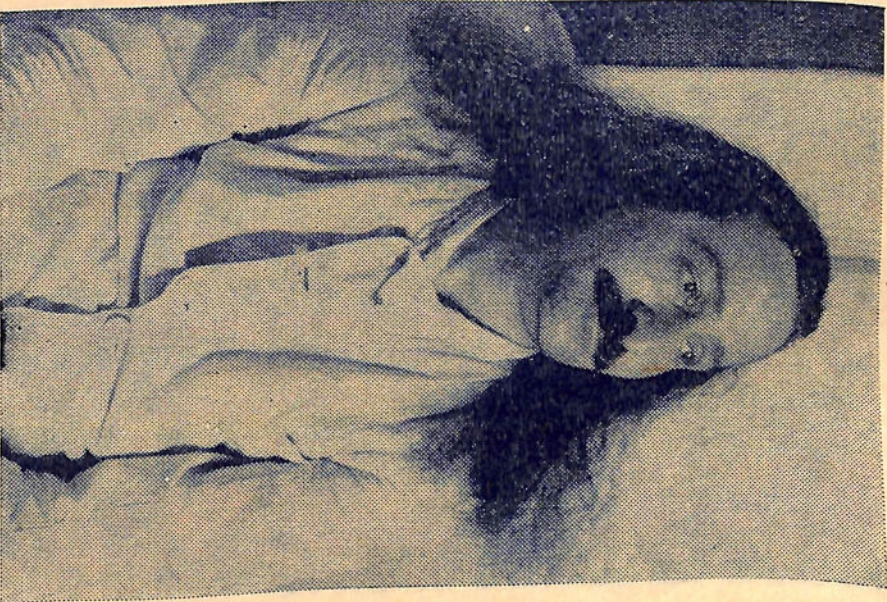
Existence is God; whereas,
Life is illusion.

Existence is Reality; where-
as, Life is imagination.

Existence is Everlasting;
whereas, Life is
ephemeral.

Existence is Unchangeable;
whereas, Life is ever-
changing.

Existence is Freedom;
whereas, Life is a bind-
ing.



Existence is Indivisible;
whereas, Life is multi-
ple.

Existence is Imperceptible;
whereas, Life is decep-
tive.

Existence is Independent;
whereas, Life is depen-
dent on mind, energy
and gross forms.

Existence is; whereas, Life
appears to be.

Existence, therefore, is *not*
life.

APRIL

“The aim of life and the real Goal of all
creation is to achieve true self-consciousness.”

1963

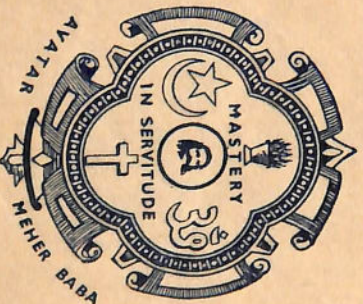
10th JULY 1962	SUN	MON	TUE	WED	THU	FRI	SAT	10th JULY 1962
★	1	2	3	4	5	6		37th JULY 1962
7	8	9	10	11	12	13		37th JULY 1962
14	15	16	17	18	19	20		37th JULY 1962
21	22	23	24	25	26	27		37th JULY 1962
28	29	30	★	★	★	★		37th JULY 1962

LOVE burns the lover.
Devotion burns the Beloved.

Love seeks happiness for the Beloved.
Devotion seeks for blessings from the
Beloved.

Love seeks to shoulder the burden of the
Beloved.

Devotion throws the burden on the
Beloved.



Love gives; Devotion asks.

Love is silent and sublime, devoid of
outward expressions.

Devotion expresses itself outwardly.
Love does not require the presence of the
Beloved in order to love.

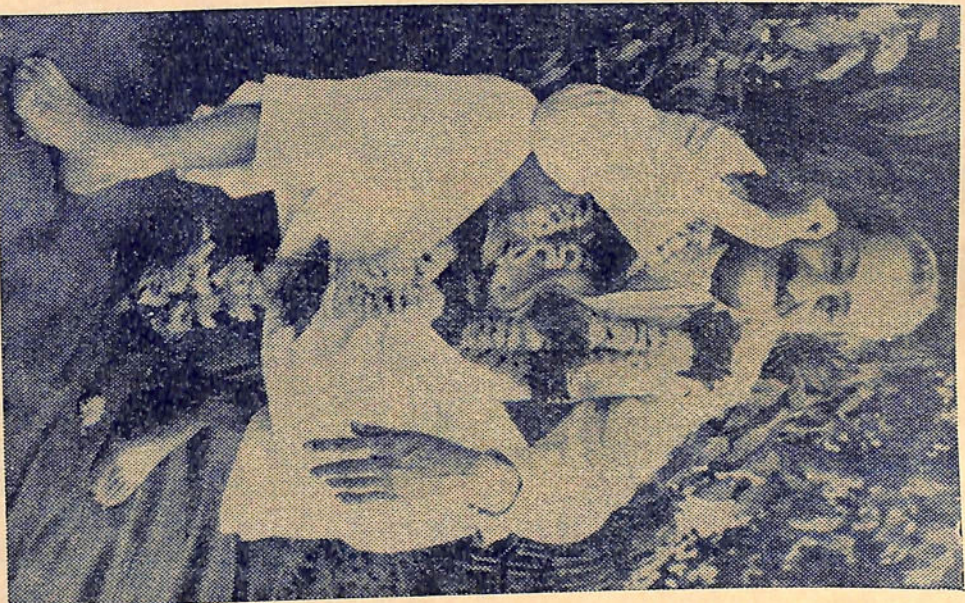
Devotion demands the presence of the
Beloved to express affection for the
Beloved.

The Silent Master

MEHER BABA

GEMS FROM THE TEACHINGS OF MEHER BABA

God loves most those who suffer most.
Uninvited suffering is a blessing in disguise.
Fortunate are they whose love is tested by misfortune.
Love demands that the lover sacrifice for the Beloved.
The book of the heart holds the key to the mystery of life.
Backbiters are friends, as they take over our bad sanskaras to themselves.
Be angry with none but your weakness.



“Of all sufferings, mental suffering is the most acute”.

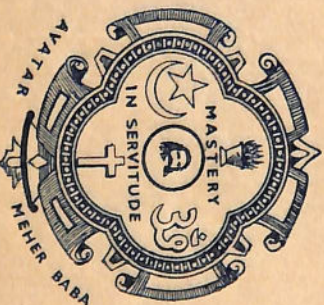
1963

Hate none but your lustful self.
Be greedy to own more and more wealth of tolerance and justice.
Let your temptation be to tempt Me with your love in order to receive My grace.
Wage war against your desires, and Godhood will be your victory.
Real living is dying for God.
Live less for yourself and more for others.
One must die to one's own self to be able to live in all other selves.
One who dies for God lives for ever.

MAY

10th JULY 1962	SUN	MON	TUE	WED	THU	FRI	SAT	10th JULY 1962
●	☆	☆	☆	1	2	3	4	●
37th SILENCE ANNIVERSARY	5	6	7	8	9	10	11	37th SILENCE ANNIVERSARY
	12	13	14	15	16	17	18	
	19	20	21	22	23	24	25	
	26	27	28	29	30	31	☆	

Man does not seek suffering; it comes to him as an outcome of his search for happiness. Happiness is sought through the fulfilment of desires, but in the pursuit of desires he is preparing for suffering from their nonfulfilment.



God cannot be theorized,
God cannot be discussed,
God cannot be argued about,
God cannot be explained,
God cannot be understood,
God can only be lived by losing ourselves in Him through love.

The Silent Master

MEHER BABA

QUESTIONS AND ANSWERS.

- Q. *Are you a Mahatma?*
A. What is a Mahatma? I know the Truth. You live in London. You know it, I know.
- Q. *Are you divine?*
A. I am one with God. I live in Him, like Buddha, like Christ, like Krishna. They knew Him as I know Him. All men can know Him.
- Q. *Have you solved the problem of evil?*
A. There is no evil. There are only degrees of good.



"The real untouchables are those who cannot enter the temple of their own hearts and see the Lord therein".



- Q. *What is your secret?*
A. The elimination of the ego (False ego).
- Q. *What God do you believe in?*
A. There is but one God for all men.
- Q. *What religion is nearest to yours?*
A. All religions are revelations of one God.
- Q. *Is God a person or a power?*
A. God is both personal and impersonal. He is in art, in literature, in everything.
- Q. *Are you married?*
A. Sex for me does not exist.

JUNE

1963

	SUN	MON	TUE	WED	THU	FRI	SAT	
10th JULY 1962	★	★	★	★	★	★	1	10th JULY 1962
37th	2	3	4	5	6	7	8	37th
• SILENCE ANNIVERSARY	9	10	11	12	13	14	15	• SILENCE ANNIVERSARY
	16	17	18	19	20	21	22	
	23 30	24	25	26	27	28	29	

- Q. *What's your line of work?*
A. Love and Service.
- Q. *Among historical characters and poets who were your heroes?*
A. Hafiz (of Persia).
- Q. *Have you concentrated your attention on the uplift of Zoroastrians?*
A. I am actually working for the universal upliftment which includes Zoroastrians.



- Q. *Does Shri Meher Baba claim to be the Avatar of the new dispensation?*
A. Such a claim would have no value until it were substantiated, and once it were substantiated, there would be no need of claims. What Shri Meher Baba is and the nature of His mission, will be abundantly demonstrated at the time of His public manifestation.

The Silent Master

MEHER BABA

BIOGRAPHICAL SKETCH

of

MEHER BABA.

Merwan S. Irani, known as Meher Baba, was born in Poona, India, in 1894, of Persian parents. His father, Sheriar Irani, was a real seeker of God and a great Sufi. In 1914, while Meher Baba was still in College, a momentous event occurred in his life – the meeting with an ancient woman, Hazrat Babajan, a Perfect Master of her time, who made Him aware



of His High Spiritual Destiny and at the same time gave Him God-Realization. After some time, Merwan lead a sort of itinerant life and came into contact with many Perfect Masters and in particular Shri Sai Baba of Shirdi, Sadguru Upasani Maharaj of Sakori, Narayan Maharaj of Khedgaon and Hazrat Tajuddin Baba of Nagpur.

It was however Upasani Maharaj, who during the next seven years, gave Him Divine knowledge and control of the seven planes



“Every man is a rightful heir to the Truth.”

JULY

1963

10th JULY 1962	SUN	MON	TUE	WED	THU	FRI	SAT	10th JULY 1962
	★	1	2	3	4	5	6	
37th	7	8	9	★	★	★	★	37th

of consciousness. In 1921, Merwan Himself became a Perfect Master and His spiritual mission began when He drew together His first close disciples, training them in arduous spiritual tasks and self-disciplines.

During the following two years, Meher Baba wrote an account of the Divine Experience. This book has not been read by anyone, and it will be published

only after His World Manifestation. Upon completing the manuscript, He laid down His pen and has not written a line since, except His signature when necessary.

On July 10, 1925, Meher Baba began to observe silence, which He has continued to this day. The Master's many spiritual discourses and messages have been dictated through the medium of His Alphabet

board. He is well-versed in six languages, including English. Since October, 1954, however, the Master has discontinued the use of his alphabet board also, reducing all communications to hand gestures unique to Himself. The major part of his recent book, “God Speaks” which outlines the whole scheme of creation and its purpose, was laboriously dictated in this manner.

SILENCE ANNIVERSARY

Meher Baba frequently retires into seclusion and observes long fasts. These periods of seclusion are periods of spiritual working on the inner planes for the good of all humanity. Alternating with the periods of seclusion, Meher Baba leads a life of dynamic activity. Meher Baba has also taken special interest in contacting and personally serving

those who are known as “Masts”, or God-intoxicated persons, immersed in bliss and unconscious of the body. For this work, He has journeyed many thousands of miles throughout India and Ceylon. Meher Baba's aim is wholeheartedly a spiritual one, to awaken the Divinity in everyman and guide Him to his goal which is Love.

